



Anthony Abbatine

PERFORMANCE COACH, MLB, NCAA, TEAM USA SOFTBALL

COLLEGE PROFESSOR, SPORTS PSYCHOLOGY

PROFESSIONAL EXPERIENCE

PROFESSOR, ST. THOMAS AQUINAS COLLEGE 2017-Present
Sports Psychology

A comprehensive undergraduate class covering the latest topics and strategies in the sports psychology field. The class takes a practical perspective on the role sports performance consultants, coaches and support staff have on the athlete's performance and well-being.

PERFORMANCE ENHANCEMENT CONSULTANT 2010-Present

For NCAA programs including but not limited to: University of Florida, University of Georgia, University of North Carolina, Oregon State, University of Nevada Las Vegas, University of South Florida, University of Texas, UCLA, University of South Carolina, Cal State Fullerton, University of Arizona, University of Alabama, and Clemson University. Presented to coaches and players the latest "industry best" teaching strategies of visual performance and mental skills.

COLUMNIST, BASEBALL AMERICA 2018- Present
Bi-weekly articles related to player development issues with emphasis on mental and visual topics.

PERFORMANCE CONSULTANT TO MLB TEAMS 2000-Present
Mental skills and vision training

New York Mets, New York Yankees, Boston Red Sox, Washington Nationals, Colorado Rockies, Los Angeles Dodgers, Seattle Mariners and Texas Rangers. Emphasis on providing coaches, players and front office with the latest in visual training related to performance.

CONSULTANT, PITTSBURGH PIRATES BASEBALL CLUB, BRADENTON, FL October 2018

Presented to the Pirates Coaches, Front Office and Major League Manager best practices for integrating visual training into the organization's hitting system and mental skills model.

PERFORMANCE COACH, UNITED STATES MILITARY ACADEMY, WEST PONT, NY October 2018

Presented to the Athletic Department, Coaches and Players the latest visual search strategies and vision training topics related to softball and baseball performance.

PERFORMANCE COACH, USA SOFTBALL, NATIONAL TEAM 2015-Present

Oversees the mental and visual performance issues for the USA National Teams training for the 2020 Olympics. On-field and classroom workshops for the players and coaches. Travels with the team to camp and international events, scouting and evaluating upcoming opponents.

FOUNDER, FROZEN ROPES 2000-Present

Built an international baseball and softball brand by systematizing industry best teaching strategies.

LECTURER 2000-Present

A regular on the national and international speaking circuit with a diversity of performance topics at national events such as the American Baseball Coaches Convention and international coaching events in Dubai, Kuwait, Rome, Amsterdam, Paris and Frankfurt and the NFCA.

BLOGGER 2013-Present

"ON THE VERGE". Articles related to sports psychology and sports performance and it's integration to life skills.

CONTACT

24 Old Black Meadow Rd.
Chester, New York 10918

845.321.2832

tonyabbatine@gmail.com

www.frozenropes.com
www.tonyabbatine.com

HIGHLIGHTS

Wrote numerous articles on holistic training techniques and advanced coaching strategies with work featured in Sports Illustrated, Newsweek, ESPN, USA Today, The New York Times, The Washington Post, Baseball America and various television media.

Featured Columnist,
Baseball America

EDUCATION

University of Buffalo,
Buffalo, NY. B.A., Sociology
and Legal Studies
Awards 1982-1985

Pace University Law School,
White Plains, NY
Juris Doctorate 1985-1988

Certified Open Focus
Coaching, Les Fehmi, PH.D
November 2018